















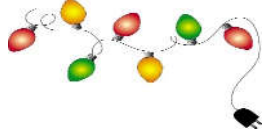
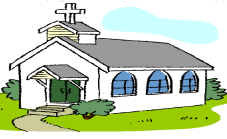



November Activity Calendar - La Rosa Gardens

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
<h1 style="font-size: 4em; color: #8B4513; text-shadow: 2px 2px 0px #FFD700;">November</h1>			9:30 Brain Teasers	9:10 Mass	9:30 Exercise	6:00 Movie
			10:30 Tai Chi	3:00 Music Movie	10:30 Knit & Chat	"Forrest Gump"
			1:00 Penny Poker	"Festival 1967"	1:00 Shuffleboard	6:30 Sing for Pure
			2:00 Ladysmith Singers	5:30 Games Night		Joy
5	6	7	8	9	10	11
10:15 Church	9:30 Yoga \$2 	1:00 Bus to	9:30 It happened in November	9:00 Jake & 	8:30 Coffee with students	6:00 Movie
	11:00 Rocco The Dog	Coronation Mall	10:30 Legion remembrance	Katie therapy dog	9:30 Exercise	"Walk the Line"
	1:00 Bingo	7:00 Trip to Ladysmith	day service		10:30 Knit & Chat	
	6:00 Ladysmith Singers	Little Theatre Play	1:00 Wii Bowling	"Whitney Houston"	1:00 Word Words	
			3:00 Silver & Gold perform	5:30 Games Night	3:30 Happy Hour 	
12	13	14	15	16	17	18
10:15 Church	9:30 Yoga \$2 	11:30 Bus to Michaels	9:30 Henry's paintings	1:00 Uno Game 	9:30 Exercise	6:00 Movie
	11:00 Rocco The Dog	Craft Store/Shoppers	10:30 Tai Chi	3:00 Music Movie	10:30 Knit & Chat	"The Prince & Me"
	1:00 Bingo	and ABC Restaurant	1:00 Family Feud 	"The Beatles"	1:00 Adult Coloring	
	6:00 Ladysmith Singers		2:30 Newcomers Tea	5:30 Games Night	2:00 Over The Hill Gang	
19	20	21	22	23	24	25
10:15 Church	9:30 Yoga \$2 	1:00 Bus to	9:30 Crosswords	9:00 Therapy Dog	8:30 Pictionary	9:00-12:00 
	11:00 Rocco The Dog	Coronation Mall	10:30 Tai Chi	3:00 Music Movie	9:30 Exercise	Christmas Bazaar
	1:00 Bingo		1:00 Chiropractor visit	"Shania Twain"	1:00 Wii Bowling	6:00 Movie
	6:00 Ladysmith Singers		2:00 Line Dancers	6:00 Patti & Margaret	2:30 Bob & Philopa	"The Xmas Card"
			performing	on the flute & Harp	3:30 Decorate for Bazaar	6:30 Sing for Pure Joy
26	27	28	29	30		
10:15 Church	9:30 Yoga \$2 	11:30 Bus to York	9:30 Ladysmith Festival of	1:00 Uno Game	*TBA Centre Bells from Chemainus and Chemainus Singers  www.larosagardens.ca	
	1:00 Bingo	Street Diner and	Lights history	3:00 Music Movie		
	3:00 Bring down your	Walmart	10:30 Tai Chi	Michael Buble Xmas		
	favorite Xmas ornament		1:00 Bingo .25 buy in	6:00 La Rosa Light up		
	6:00 Ladysmith Singers		2:30 BDAY Cake	in the lounge		